

JAZZ PERFORMANCE

- Jazz 2 Performance - Jazz 1 Performance - Jazz/Ballet/Acro Combo Technique -

General Studio Dress Code / DanceWear Expectations:

- Dancewear is to be laundered frequently and kept in good repair. Please **label your student's dancewear** and help them keep track of their belongings.
- Undergarments are not to be visible at all!
- No jewelry of any kind is allowed, except for small post earrings.
- Students should wear street clothes over their dance attire when entering and exiting the building.
- Dance shoes may not be worn outside! You may wear any color or version of the approved dance shoes specific to each class, but the color & brand used for the performances may be best to practice in.

Jazz-Specific Class / Rehearsal Attire:

Ladies should wear a Premier-approved leotard (can be purchased through the studio!), and either black leggings or long black biker shorts (Leggings and shorts can be purchased elsewhere with vendor of your choice!) . Hair should be pulled back away from the face. All undergarments should be covered and not visible at all.

Gents should wear a black fitted t-shirt and either black jogger sweats or black gym/basketball shorts. (Items can be purchased elsewhere with vendor of your choice!)

All dancers should wear their Classic Slip-On Jazz shoes, purchased through Premier.

Jazz Performance Essentials:

Premier will provide costumes and props (if applicable) for performances.

Dances will need to provide their own essential items:

Ladies: Jazz Shoes, Nude Leotard, Skin-Colored Tights, Makeup, & Hair Products

Gents: Jazz Shoes, Plain Black Jogger Sweats, & Black Biker Shorts

*** Purchase leos & Jazz shoes at premier-dance-and-ballroom.square.site ***



HIP HOP PERFORMANCE

- Funk Hip Hop Crew - Mini Funk Hip Hop Crew -

General Studio Dress Code / DanceWear Expectations:

- Dancewear is to be laundered frequently and kept in good repair. Please **label your student's dancewear** and help them keep track of their belongings.
- Undergarments are not to be visible at all!
- No jewelry of any kind is allowed, except for small post earrings.
- Students should wear street clothes over their dance attire when entering and exiting the building.
- Dance shoes may not be worn outside! You may wear any color or version of the approved dance shoes specific to each class, but the color & brand used for the performances may be best to practice in.

Hip Hop-Specific Class / Rehearsal Attire:

Dancers should wear **BLACK** attire that is fitted and comfortable to move and dance in. Tops such as a fitted t-shirt, studio leotard, or a thick-strap tank top may be worn. Bottoms may be jogger sweats, leggings (for ladies), or gym/basketball shorts. Comfortable tennis shoes should be worn for footwear. Hair should be pulled back away from the face.

No jeans, bare midribs, or spaghetti strap tank tops will be allowed. All undergarments should be covered and not visible at all.

Hip Hop Performance Essentials:

Premier will provide costumes and props (if applicable) for performances.

Dances will need to provide their own essential items:

Ladies: All Black Tennis Shoes, Plain Black Jogger Sweats, Nude Leotard, Makeup, & Hair Products

Gents: All Black Tennis Shoes, Plain Black Jogger Sweats, & Black Biker Shorts

*** Plain Black shoes available at premier-dance-and-ballroom.square.site ***



COMBO DANCE

- Dance Creators - Dance Explorers - Creative Movers -

General Studio Dress Code / DanceWear Expectations:

- Dancewear is to be laundered frequently and kept in good repair. Please **label your student's dancewear** and help them keep track of their belongings.
- Undergarments are not to be visible at all!
- No jewelry of any kind is allowed, except for small post earrings.
- Students should wear street clothes over their dance attire when entering and exiting the building.
- Dance shoes may not be worn outside! You may wear any color or version of the approved dance shoes specific to each class, but the color & brand used for the performances may be best to practice in.

Combo Dance-Specific Class Attire:

Ladies should wear a Premier-approved Cotton Tank Dress, pink transition tights, and pink ballet shoes. Hair should be pulled back away from the face.

Gents should wear a black fitted t-shirt and black shorts with black ballet shoes.

Combo Dance Performance Essentials:

Premier will provide costumes and props (if applicable) for performances.

*** Purchase dresses, tights, & shoes at premier-dance-and-ballroom.square.site ***



ACRO DANCE

- Acro Level 1 - Acro Explorers - Creative Movers -

Acro Dance ladies may follow the Combo Dance Class dress code OR they may wear a leotard with biker shorts or biketard. Please wear ballet shoes for this class.

SPECIAL NEEDS OLYMPIC STARS

- Performance & Competition Team -

General Studio Dress Code / DanceWear Expectations:

- Dancewear is to be laundered frequently and kept in good repair. Please **label your student's dancewear** and help them keep track of their belongings.
- Undergarments are not to be visible at all!
- No jewelry of any kind is allowed, except for small post earrings.
- Students should wear street clothes over their dance attire when entering and exiting the building.
- Dance shoes may not be worn outside! You may wear any color or version of the approved dance shoes specific to each class, but the color & brand used for the performances may be best to practice in.

Class / Rehearsal Attire:

Dancers should wear **BLACK** attire that is fitted and comfortable to move and dance in. Tops such as a fitted t-shirt, studio leotard, or a thick-strap tank top may be worn. Bottoms may be jogger sweats, leggings (for ladies), or gym/basketball shorts.

Black classic-fit Jazz shoes should be worn for footwear. Hair should be pulled back away from the face.

No jeans, bare midribs, or spaghetti strap tank tops will be allowed. All undergarments should be covered and not visible at all.

Performance Essentials:

Premier will provide costumes and props (if applicable) for performances.

Dances will need to provide their own essential items:

Ladies: Black Jazz Shoes, Plain Black Leggings, Makeup, & Hair Products

Gents: Black Jazz Shoes, Plain Black Jogger Sweats, & Black Biker Shorts

***Black Jazz shoes available at premier-dance-and-ballroom.square.site ***



Black Fitted T-Shirt / Top



Black Jogger Sweats



Black Gym Shorts



Black Biker Shorts



Black Jazz Shoes

STRENGTH & CONDITIONING

- for Dancers -

General Studio Dress Code / DanceWear Expectations:

- Dancewear is to be laundered frequently and kept in good repair. Please **label your student's dancewear** and help them keep track of their belongings.
- Undergarments are not to be visible at all!
- No jewelry of any kind is allowed, except for small post earrings.
- Students should wear street clothes over their dance attire when entering and exiting the building.
- Dance shoes may not be worn outside! You may wear any color or version of the approved dance shoes specific to each class, but the color & brand used for the performances may be best to practice in.

Class / Rehearsal Attire:

Dancers should wear **BLACK** attire that is fitted and comfortable to move and dance in. Tops such as a fitted t-shirt, studio leotard, or a thick-strap tank top may be worn. Bottoms may be jogger sweats, leggings (for ladies), or gym/basketball shorts. Comfortable tennis shoes should be worn for footwear. Hair should be pulled back away from the face.

No jeans, bare midribs, or spaghetti strap tank tops will be allowed. All undergarments should be covered and not visible at all.



Required Equipment:



Yoga Mat



Grippy Socks



Pair of 2-5 lb Weights